Sow Seeds of Hope

Tune

Sow seeds of hope where you go, though some may fall on the thorny ground, Sow seeds of

High

Sow seeds of hope, where you go,

Low

sow seeds of hope, where you go,

Words taken from the notebook of the amazing Sue Stone (my mum)

Penny Stone

Probably gathered from friends in the Gareloch Horticulturalists, an anti-nuclear action group who, amongst other things, have planted potatoes on the grounds of Faslane Nuclear Naval base in Scotland, and taken other creative direct actions against war and in support of life.